King James I ACADEMY

OUR LEARNING JOURNEY
PE Year 8 Girls

Links to Year 9 Topics
All Sports and Activities Covered in Greater Detail

ALL AREAS LINK TO UNIT 18 FOR OCR CTECH LEVEL 3 SPORTS AND PHYSICAL ACTIVITY COURSE

Half Term 6

Rounders and Athletics (U5)
Skills, rules, positions, tactics, application, timing and measuring.
Assessment
Rounders – Cue/Fact Cards
Links to maths.

Half Term 5

Basketball and Athletics (U5)
Skills, rules, positions, tactics, application, timing and measuring.
Assessment
Athletics – Connection Map
Links to maths.

Half Term 4

Volleyball and Cricket
Skills, rules, positions, tactics and application.
Assessment
Cricket - Transform
Links to food.

Half Term 3

Trampolining (U5), Badminton and Tag Rugby
Skills, rules, tactics, application, movements and sequences.
Assessment
Trampolining – Revision Clock

Half Term 2

Trampolining (U5), Badminton and Fitness (7,13 & 14)
Skills, rules, tactics, application, movements, sequences, components of fitness and training methods.
Assessment
Badminton – Chunk It
Links to biology science.

Half Term 1

Netball
Hockey
Skills, rules, positions, tactics and application.
Assessment
Netball – Flash Cards

Units of Work **Assessment Points** **Cross Curriculum Links**

Key Knowledge & Skills **Active Reading**